

The Bible Reading Fellowship

15 The Chambers, Vineyard Abingdon OX14 3FE brf.org.uk

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To						
From						
Date						
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Quiet Spaces Prayer Journal



People I pray for regularly

YEAR TO VIEW & Significant dates or milestones

JANUARY	
FEBRUARY	
MARCH	
APRIL	
MAY	
JUNE	

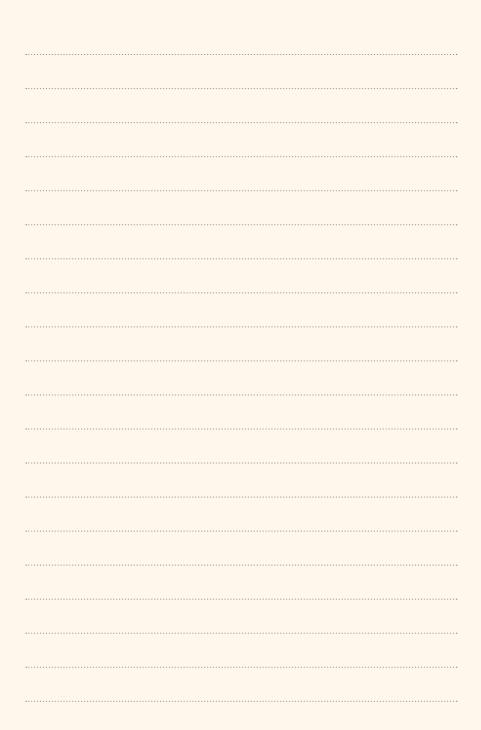
YEAR TO VIEW & Significant dates or milestones

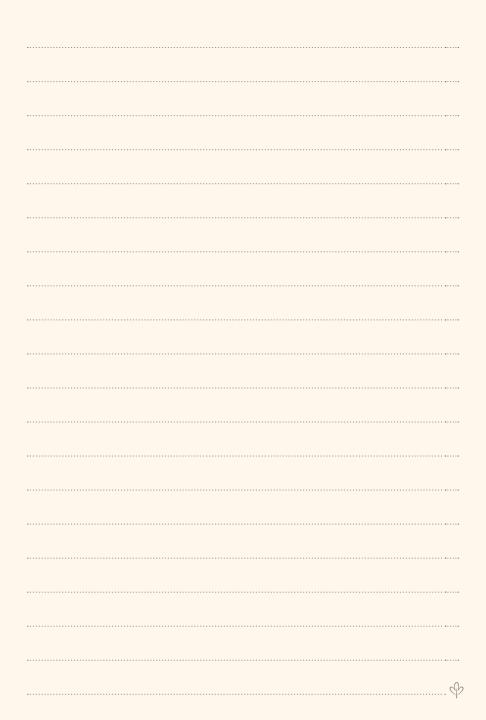
JULY
AUGUST
SEPTEMBER
OCTOBER
NOVEMBER
DECEMBER

Date

For God alone my soul waits in silence.
PSALM 62:1a, NRSV

Note down any thoughts that may distract you.



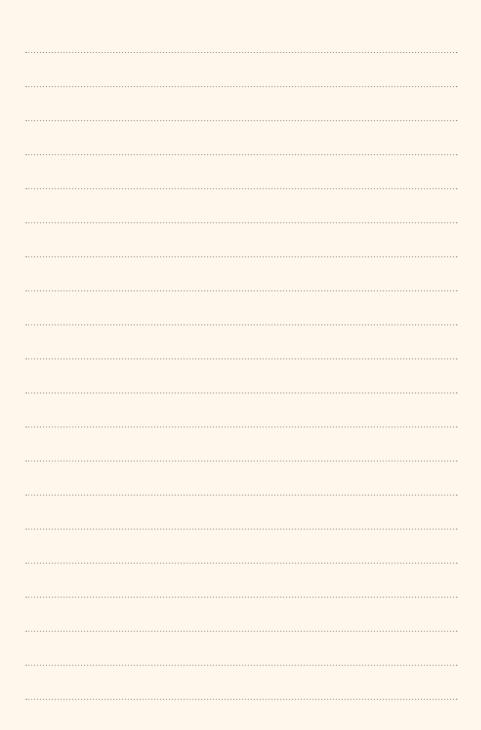


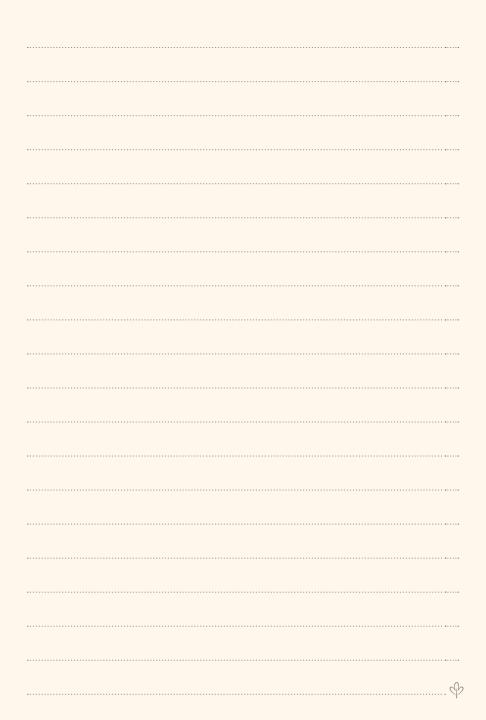
Date

I wait for the Lord, my soul waits, and in his word I hope; my soul waits for the Lord more than those who watch for the morning.

PSALM 130:5-6a, NRSV

What am I waiting or hoping for?



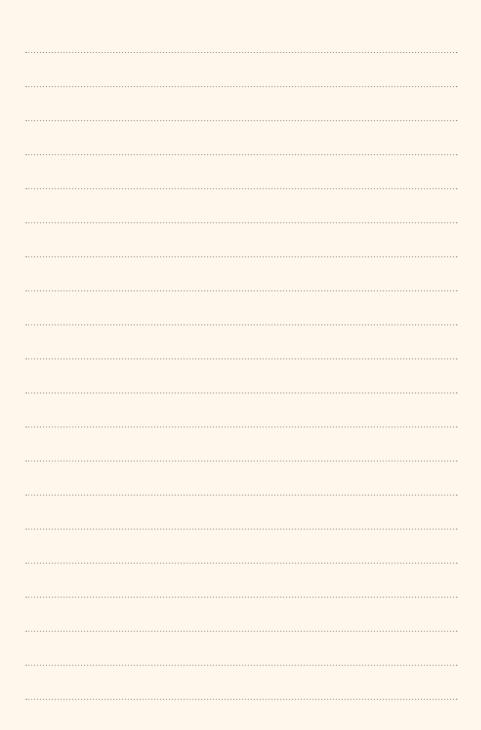


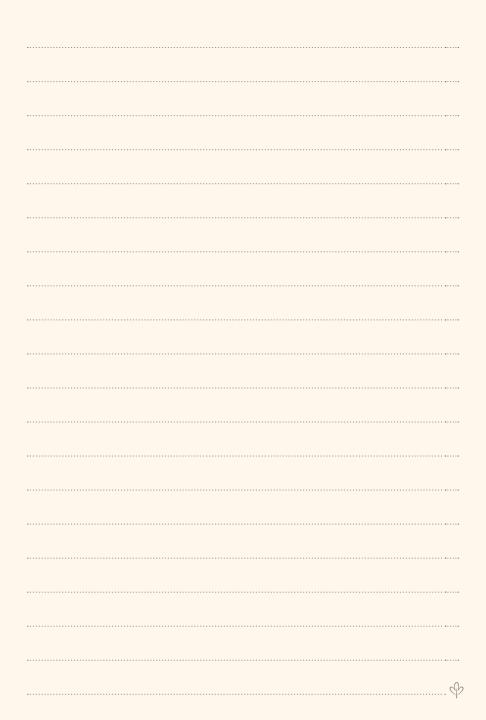
Date

Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

Philippians 4:6, NRSV

Write a list of worries and 'release' them to God.





Date

Thank you, Lord, for the gift of rest and sleep. Ahead of me lies a fresh day, unblemished; may I be open to your voice through your word, your Spirit, your people, creation and circumstances.

Fiona Stratta

Review the day at its end.

